

Compass
Education

**CASE NUMBER:
COMPASS-Z7568**

UNSOLVED

COLL

CASE

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JOSDES2025

DATE: 2 - SEPTEMBER - 2012

CASE STATUS:

UNSOLVED

CLASSIFIED
INFORMATION

Behaviour Detective Case File

Case Number: _____

Detective Name: _____

1. The Scene

What lesson was it? _____

Who else was there? _____

2. What Happened?

Write down what went wrong (e.g. removed, argued, switched off):

.....

.....

3. The Clues

What was happening just before? _____

How was I feeling? _____

What did I do? _____

What was the outcome? _____

4. My Detective Notes

Which clues explain why things went wrong?

.....

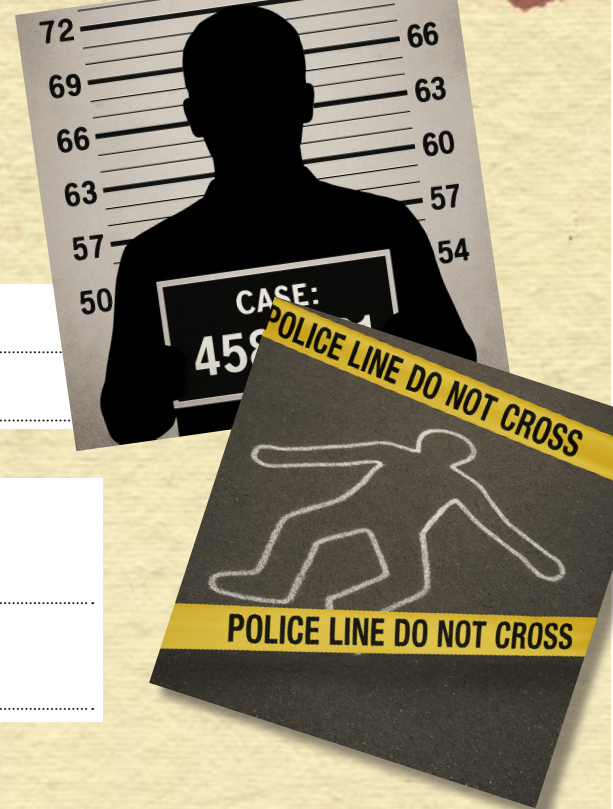
.....

5. My Better Choice Next Time

Strategies I could try instead:

.....

.....





Behaviour Detective –

Clue Cards

*Didn't
understand the
work*



Behaviour Detective –

Clue Cards

*Teacher told
me off*



Behaviour Detective –

Clue Cards

*Bored /
nothing to do*



Behaviour Detective –

Clue Cards

*Friend
distracted me*



Behaviour Detective –

Clue Cards

*Someone
laughed at me*



Behaviour Detective –

Clue Cards

*I was already in
a bad mood*



Behaviour Detective –

Clue Cards

*Work felt too
hard*



Behaviour Detective –

Clue Cards

*Work felt too
easy*

Strategy Cards

*Take a deep
breath before
reacting*



Strategy Cards

*Ask the teacher
quietly for help*



Strategy Cards

*Write a note
instead of
calling out*



Strategy Cards

*Move seats if a
friend is
distracting me*



Strategy Cards

*Count to five
before
answering back*



Strategy Cards

*Use a fidget/
stress tool*



Strategy Cards

*Remind myself
what the
lesson is for*



Strategy Cards

*Put my hand
up instead of
shouting out*



Behaviour Detective – Resource Pack Instructions

Purpose:

The Behaviour Detective activity is designed to help students step back from their behaviour and look at it more objectively. By framing the task as a “detective investigation,” students are encouraged to identify clues about what triggers their behaviour in lessons, what usually happens next, and what strategies might help them change the outcome.

This approach reduces defensiveness — instead of being “told off,” students are solving a puzzle about themselves.

Resources Provided

Case File Worksheet – a one-page template where students record the details of a tricky lesson or behaviour incident.

Clue Cards – prompts with common triggers and behaviours (e.g. “Boredom,” “Teacher tells me off,” “I don’t understand the work”).

Strategy Cards – positive alternatives students can “test out” as part of their investigation.

How to Run the Activity

Set the Scene:

Introduce the idea by saying:

“Today you’re detectives investigating your own behaviour. Instead of just saying what went wrong, we’re going to look for clues — the little details that explain why things happened the way they did.”

Case File:

Give each student a Case File worksheet. Ask them to think of a recent lesson where things went wrong (e.g. they were removed, argued, or switched off). They fill in the sections:

- * What was happening just before?
- * Who was involved?
- * How did I feel at the time?
- * What choice did I make?
- * What was the outcome?

Clues:

Spread the Clue Cards on the table. Students pick the ones that match their situation (e.g. “Didn’t understand the work,” “Friend distracted me,” “Felt annoyed when corrected”). This helps them explore patterns and recognise triggers.

Strategies:

Lay out the Strategy Cards. Students choose 1–2 that could have helped them handle the situation differently. They add these into their Case File under “Better choices I could try next time.”

Group Share (optional):

If the group is comfortable, invite them to share their “case” and what strategies they would try in future. Emphasise that all detectives are looking for solutions, not blame.

Key Points for Staff

Keep the tone light and investigative — this is about curiosity, not judgement.

Reinforce that every detective learns by trial and error; strategies don’t have to work perfectly first time.

The aim is for students to leave the activity with 1–2 realistic strategies they feel willing to test out.